## **CLAIMS**

## WHAT IS CLAIMED IS:

- 1. A physical restraint device comprising a luminescent material.
- 2. The physical restraint device of claim 1, wherein the luminescent material comprises a selfluminous material.
- 3. The physical restraint device of claim 2, wherein the self-luminous material comprises tritium.
- 4. The physical restraint device of claim 1, wherein the luminescent material utilizes energy from light source to provide light.
- 5. The physical restraint device of claim 4, wherein the luminescent material comprises phosphorus.
- 6. The physical restraint device of claim 1, wherein the luminescent material adhesively attached to the physical restraint device.
- 7. The physical restraint device of claim 1, further comprising a locking mechanism comprising the luminescent material.
- 8. The physical restraint device of claim 1, wherein the physical restraint device comprises handcuffs.
- 9. The physical restraint device of claim 1, wherein luminescence is provided without electrical power.
- 10. A method of manufacturing a physical restraint device, comprising:
  providing a locking mechanism to the physical restraint device, wherein the locking mechanism includes a luminescent material.

- 11. The method of claim 10, further comprising providing an unlocking mechanism to the physical restraint device wherein the unlocking mechanism includes a luminescent material.
- 12. The method of claim 10, wherein the luminescent material comprises a self-luminous material.
- 13. The method of claim 12, wherein the self-luminous material comprises tritium.
- 14. The method of claim 13, wherein the luminescent material utilizes energy from light source to provide light.
- 15. The method of claim 13, wherein the luminescent material comprises phosphorus.
- 16. The method of claim 10, further comprising providing the luminescent material using adhesives.
- 17. The method of claim 10, wherein the physical restraint device comprises handcuffs.
- 18. The method of claim 10, wherein luminescence is provided without electrical power.
- 19. A physical restraint device comprising a means for illumination.
- 20. The physical restraint device of claim 19, wherein the means for illumination is selfluminous.